

Oklahoma Flame Sports Social Media Policy

All Oklahoma Flame Sports athletes must use discretion when using social media. On or off the field, your words and actions represent Oklahoma Flame Sports, as well as you and your family.

Assume anything you post on your personal account could be read by coaches, teammates, opposing teams, former players, parents or other family members, media members, a current employer, future employers, or future coaches. Remember that the Internet is permanent (even if you have restrictive privacy settings).

Examples of social media include Twitter (X), Facebook, YouTube, TikTok, Vimeo, Instagram, Snapchat, Tumblr, LinkedIn, Flickr, Foursquare and blogs.

Social Media Rules

- Do not post offensive or inappropriate language, pictures, videos, or comments
- Do not post anything you would not say in a public forum as a representative of Oklahoma Flame Sports
- Do not post anything derogatory about any teammate, coach, opposing player, opposing coach, or umpires (or anything that could be construed as inflammatory). *This includes posts that may be in jest to a friend but could be interpreted as an insult by others.
- Do not respond to posts from opponents that are inflammatory or designed to goad you to respond (take the high road)*

Best Practices

- Check your privacy settings. The strongest security settings for Facebook and "protected tweets" on Twitter (X) are recommended
- Do not post when you are angry or upset
- Never post your home address, local address, phone number(s), birth date or other personal information. You could be a target of predators.
- Understand that anything posted online is available to anyone in the world - any content placed online becomes the property of the site(s) and is completely out of your control the moment it is placed online, even if you limit access to your page

Examples of Appropriate & Inappropriate Posts:

Appropriate posts lift up Oklahoma Flame Sports players or teams without negative statements about opponents.

- Just won the Tonkawa Public School Classic!!! 7-6 over Tonkawa
- Joe Smith shot lights out tonight. 10 3s. Beat the Tigers 78-50
- Won Nationals 65-63 over Memphis!!!

Inappropriate posts contain negative statements about opponents, are an attempt to goad an opponent, or are in response to an opponent seeking to goad you.

- Just kicked Tonkawa's b**t to win Tonkawa Public School Classic!!!
- Sam Jackson, ur going down on Friday. (even if Sam is your friend)
- We kicked our rivals b**t up and down the court 5 straight games!!